



SACRED HEART PARISH

Sunday 28th June 2026

13th of Ordinary Time



Deacon: Joe Baxter

Parish Office: 1B Glenview Street, Belfast, BT14 7DP

Email: sacredheart@downandconnor.org

Phone: 028 9075 1543

Hours open: 9am-2pm , Mon, Tues, Wed, Fri

Parish Secretary: Cathy Carroll

Sacristan: Collette Delaney

Acolyte: Thomas Liddy

Parish Webpage: <https://www.sacredheartparishbelfast.com>

Webcam [sacredheartparishbelfast.com/Webcam](https://www.sacredheartparishbelfast.com/Webcam)

~Mass Times~

Saturday Vigil: 6.00pm: Vigil Noel Dunlop, 1st Anniversary Mass

Sunday Masses: 9:30am:
11:30am: Eddie Fanning, RIP, Recently in Scotland

Weekday Masses: Tuesday 7:00pm: Novena Patrick McBride, Anniversary Mass
Wednesday 10.00am:

Confessions & Adoration: Saturday: 5:00pm - 6:00pm.

Divine Mercy: Friday 2:15pm, Exposition, Prayer and Confessions

~Sacrament of Baptism~

Baptisms are held on the 1st & 3rd Sundays of each month, at 12.30pm.
Please contact the parish office to arrange a baptism.

~Sacrament of Marriage~

Please contact the Parish Office to arrange.

~Upcoming Feast Days~

27th June
St Cyril of Alexandria

29th June
St Peter & St Paul

1st July
St Oliver Plunkett

~Recently Deceased~



Mayor Olukoya
Noleen Moyles
Thomas McCann

Eternal rest grant unto them, O Lord

~Sanctuary Candles~

Fr John Forsythe

A Donation of £5 per candle is greatly appreciated



~Weekly Collection~

£946.07

~Peter's Pence~

£305.50

The Parish Thanks You
For Your Kindness And Generosity

~Anniversaries~

Peggy Grant



We pray for all those
whose anniversaries occur at this time.

Eternal rest grant unto them, O Lord

~Baptisms~

Welcome into our community

Céadach Conchúr Doyle

Oisín Pádraig Laoubi

Naoise Raye Brown

Gabrielle Clara Pych



~A Spiritual Communion~

Jesus, I believe that you are present in the **Most Blessed Sacrament**. I love You above all things, and I desire to receive You into my soul. Since I cannot now receive You Sacramentally, come at least spiritually into my heart, I embrace You as if you are already there, and I unite myself wholly to You.

The Lord asks of you only this, that you act justly, love tenderly and walk humbly with your God.
(Micah 6:8)

DATES FOR YOUR DIARY



Medjugorje Youth Festival
FAITH • FRIENDS • JOY • HOPE
Be part of something bigger!

29TH JULY – 5TH AUGUST 2026
£755

PRICE INCLUDES

- Dublin to Medjugorje
- Returning from SPB Airport to Dublin
- 7 nights accommodation near to St. James' Church with breakfast and dinner
- Luxury coach transfers with local guide
- Full Religious programme operated by Marian Pilgrimages Medjugorje Team
- Assistance of Shree Pilgrimages Rep. with 24hr support throughout your stay
- All airport and local taxes (Single Room Supplement - £150)

FOR MORE INFORMATION PLEASE CONTACT
Eadaoin Nic Ruairi
Tel: 077 0628 8095

One week that can change your life.
See you in Medjugorje!

A Year of Ignatian Prayer 2026-2027 – Belfast Jesuit Centre. Our immersive programme in Ignatian Spirituality is returning in September offering ten in person Saturdays sessions (10am–4pm) and seven online Integrative Practice Pause Points to support prayer, discernment and reflective living. Open to those new to Ignatian Spirituality and those seeking to deepen their practice. Suggested donation: £200 –£280. Bursaries available. For dates and registration, please visit: <https://belfastjesuitcentre.co.uk/a-year-of-ignatian-prayer-2026-2027/>

A Summer Prayer

Long warm days...
The pace of life slows...
A time for picnics
and rest in the shade...
Lord, help me to rest awhile in the
cooling shade of your presence.
Slow down my restless heart
and fill me with gentle compassion
for all your people.
Amen.

Pope Leo's Prayer Intentions for 2026

June: For the values of sports.

Let us pray that sports be an instrument of peace, encounter, and dialogue among cultures and nations, and that they promote values such as respect, solidarity and personal growth.

Amen

July: For Respect of Human Life

Let us pray for the respect and protection of human life in all its stages, recognising it as a gift from God.
Amen



ABIDE
in His Love
WOMEN'S CONFERENCE

BISHOP FINTAN GAVIN SARAH WATFORD
FR. BARRY BRANN
NASHVILLE DOMINICANS FR. NAEEL WILKINSON
FR. OISEN MARTIN, C.F.R. JANEILLE NOONAN

NOVEMBER 20-22 2026

MORE SPEAKERS TO BE ANNOUNCED

The Great Northern Hotel BUNDORAN, CO. DUBLIN

REGISTER ON EVENTBRITE HERE

Abide in His Love Women's Conference.

The Great Northern Hotel, Bundoran, 20–22 November 2026. Join women from across Ireland for a faith-filled weekend with inspiring speakers. A conference not to be missed! Register now: <https://abideinhislove.eventbrite.com/>

NATIONAL GRANDPARENTS PILGRIMAGE - 26 JULY 2026 KNOCK SHRINE

CELEBRATING
WORLD DAY FOR GRANDPARENTS
& THE ELDERLY

'I will never forget you' (Isaiah 49:15)



- Chief Celebrant Archbishop Eamon Martin, Primate of all Ireland
- Director of Music Una Nolan & Choirs
- Special Guest Dana Rosemary Scallan
- Anointing of the Sick in the Basilica - 2:30pm
- Holy Sacrifice of the Mass - 3:00pm
- Rosary Procession after Mass (weather permitting)
- Children's Prayer Appeal for Grandparents, send or bring prayers to the CGA office at Knock Shrine
- Plenary Indulgence granted for the occasion

** Please organise transport with your local parish.

THOSE UNABLE TO JOIN US IN PERSON CAN TAKE PART ONLINE AT WWW.KNOCKSHRINE.IE/WATCH
www.knockshrine.ie - Telephone: +353 (0) 94 938 8100

LOUGH DERG **2026 Pilgrimage Season.**
3 Day Pilgrimage: running until Sat 15th August (last start date: Thurs 13th August)
1 Day Retreat. August: 18th, 22nd, 23rd, 29th & 31st.
September: 5th, 6th, 9th, 12th, 19th, 20th
Themed Days. Sat 5th September - Pioneer National Pilgrimage, 6th September - Saint Carlo Acutis
Quiet Day: September 11th
Pilgrim Path: August 30th- 12km walk begins 11am, 8km walk begins 11.30am
Heritage Week : 20th August - 11.30am & 2.30pm. Booking: 353719861518 / email info@loughderg.org.

Bishop Alan & Dr Abigail Favale – Conversation on the Ordination of Women. A very honest and open conversation with Bishop Alan and Dr Abigail regarding the conversation around ordaining Women. It can be viewed on the Diocesan Website, Facebook or YouTube. Link to video - [Conversation between Bishop Alan McGuckian and Dr Abigail Favale.mp4](#). A must watch!

Mass cards are available from the office. £2.50 each

Chatty Café. Open Wednesday 10.30am to 12.30pm. Come and join us for a cuppa & a chat.

AA Meeting upstairs in the Parish Centre every Monday & Friday, 6.30pm-7.30pm, and Thursday at 7pm. (Ladies Group)

Cocaine Anonymous (CA) meet every Tuesday at 7pm upstairs in the Parish Centre.

The Spred Group meet every second Monday in the Parish Hall at 7pm.

The Stitch and Crocheting Group meet Thursday evenings, 7pm in the Parish centre. Come along and learn a new skill.

Lifeline-24hr 7 days a week 0808 808 8000
Samaritans anytime night or day 116 123
St Vincent De Paul 028 90351561
Cancer Lifeline 028 90 351999
AA 02890351222

AI-Anon Family Groups 028 9068 2368
PIPS 0800 088 6042
Youth Education Health Advise 02890 757 809
Diocesan Safeguarding Officer Philip O'Hara 07534 992 124

Sacred Heart of Jesus, I place all my trust in Thee